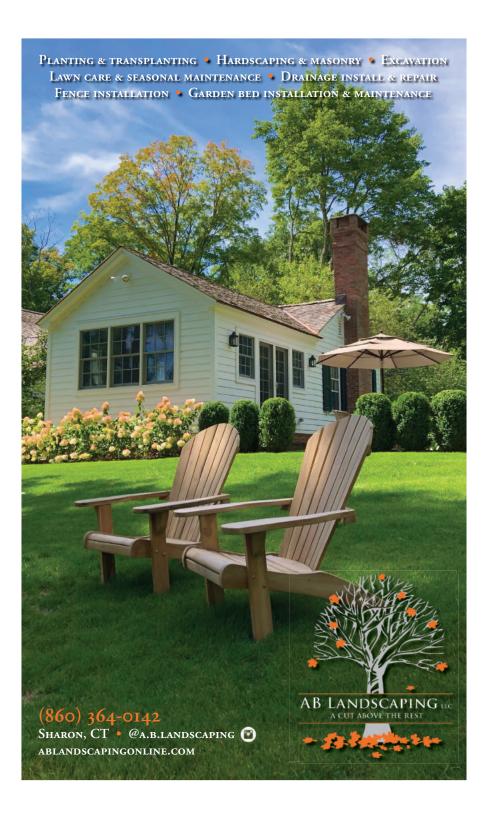
Project SAGE proudly presents

TRADE SECRETS®

a beautiful gathering for a great cause



2023 RESOURCE GUIDE



Trade Secrets Resource Guide

We are so excited to welcome you to the annual Trade Secrets Event in support of Project SAGE, formerly named Women's Support Services.

Trade Secrets began in my garden as a small plant and antique garden ornaments sale. But through the hard work of an amazing committee and a group of volunteers, it has become the finest horticulture event in New England. The event is the major fundraiser for Project SAGE, which provides crisis intervention and prevention education, as well as legal, medical, housing and other assistance to fulfill its mission of creating a community free of domestic violence and abuse covering the Northeast Corner of Connecticut and surrounding communities of New York and Massachusetts.

This year, we are excited to be back at Lime Rock Park and hosting the first-ever Sunday sale event. We thank the owners of the Park for hosting us again this year in this fabulous location. Our deepest appreciation also goes to this year's garden tour hosts for opening their homes and gates on Saturday for the many attendees from both near and far to enjoy.

The TRADE SECRETS RESOURCE GUIDE has become a much-appreciated source of information for our attendees. It contains useful information on the area's premier landscape professionals, home designers, home and garden destinations, lodging, dining, and more. We hope you will enjoy it, and find it a useful guide to the area's best businesses.

We want to thank all those who advertise in the TRADE SECRETS RESOURCE GUIDE. Their dollars, along with the contributions of many generous individuals and organizations, enable Project SAGE to fulfill its mission. We also want to recognize the many, many hours devoted by Project SAGE volunteers. Without their dedication and hard work, Trade Secrets would not have become such an outstanding event.

This beautiful event for a wonderful cause would not be possible without YOU, our generous event attendees. Thank you, thank you for your enthusiasm and support. Enjoy this weekend and know that you have made a difference in the lives of the many families and individuals in crisis who rely on Project SAGE to help them on the path toward a healthy, safe future.

With much appreciation,

Bunny Williams

Founder and Honorary Chair

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(As of April 17, 2023)

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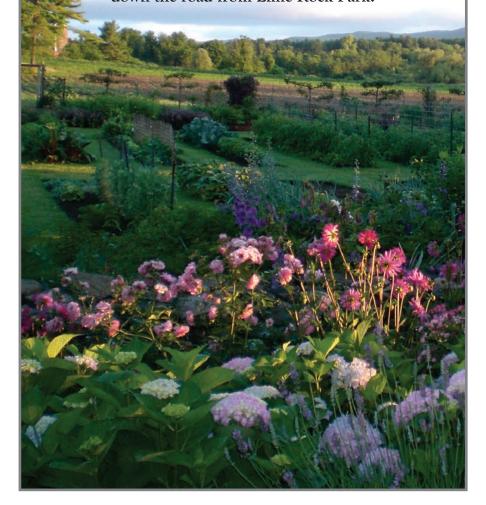
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Did You Know that Trade Secrets Supports Victims of Domestic Violence and Abuse?

Intimate partner violence, also referred to as domestic violence, is a serious, preventable public health problem.

In the United States:

- 1 in 3 women (35.6%) and 1 in 4 men (28.5%) have been victims of physical violence by an intimate partner within their lifetime.
- 1 in 7 women and 1 in 18 men have been stalked by an intimate partner.
- 1 in 15 children are exposed to intimate partner violence in their lifetime.
- Domestic violence is the leading cause of homelessness for women and children.
- The presence of a firearm in a domestic violence situation increases the risk of homicide by 500%.

Project SAGE (formerly named Women's Support Services) is a non-profit domestic violence agency serving Northwest Connecticut and the surrounding communities of New York and Massachusetts. Project SAGE serves anyone, regardless of gender, gender identity, sexual orientation, age, disability, race, or ethnicity.

The Mission of Project SAGE:

We create social change to end interpersonal, relationship violence by challenging attitudes and beliefs about power, control, and gender norms and by advocating for victims and survivors.

Did You Know that Trade Secrets Supports Victims of Domestic Violence and Abuse?

Thanks to our generous supporters—YOU!—Project SAGE is able to provide a range of services:

- A 24-hour confidential hotline
- Emergency shelter and housing support
- Individual counseling and safety planning
- Support groups
- Criminal and civil legal advocacy
- Transportation, resources, and referrals
- Training for local professionals and community groups
- Prevention Education Program for grades pre-K through 12

From July 1st 2021 through June 30th 2022, your support of Trade Secrets enabled Project SAGE to:

- Provide support services and crisis response to 821 clients
- Respond to 1,485 hotline crisis calls and crisis situations
- Provide 670 individuals court support for criminal and civil issues
- Provide emergency shelter to 20 individuals including 7 children - for a total of 2,135 nights of shelter
- Place 12 families in permanent housing
- More than triple our scheduled Prevention Education program sessions in middle and high school classes - with nearly 300 workshops educating children and teens on topics ranging from bullying and cyber safety to teen dating and sexual harassment.

All Project SAGE services are confidential and free of charge.

If you or someone you know is being abused, call the Project SAGE hotline at (860) 364-1900

Who Does Domestic Violence Affect?

1 in 3 Women

According to the National Centers for Disease Control and Prevention, the following are the rates of reported intimate partner violence:¹

- 1 in 3 women and about 1 in 4 men in the U.S. have experienced severe physical violence by an intimate partner in their lifetime.
- 14% of women and 5% of men have experienced stalking by an intimate partner in their lifetime.
- Over 61 million women and 53 million men have experienced psychological aggression by an intimate partner in their lifetime.

Intimate Partner Homicide & Guns

- U.S. crime reports suggest that about 1 in 5 homicide victims are killed by an intimate partner.²
- American women are 21 times more likely to be shot and killed with a firearm than women in other high-income countries.³
- Approximately 4.5 million women in the U.S. have been threatened with a gun and nearly 1 million women have been shot or shot at by an intimate partner.⁴

1 in 15 Children

- 1 in 15 children have been exposed to physical intimate partner violence in their lifetime.⁵
- About 16 million women and 11 million men who reported experiencing contact sexual violence, physical violence, or stalking by an intimate partner in their lifetime said they experienced these forms of violence before the age of 18.6

Intimate Partner Violence and the LGBTQIA+ Community

- 43.8% of lesbian women, 26% of gay men, 61.1% bisexual women, and 37.3% bisexual men report experiencing sexual violence, physical violence, and/or stalking by an intimate partner in their lifetime.⁷
- More than 54% of transgender individuals reported experiencing some form of intimate partner violence in their lifetime.⁸

Who Does Domestic Violence Affect?

90% of Homeless Women

- Domestic violence is a leading cause of homelessness for women and children.⁹
- Over 90% of homeless women have experienced severe physical or sexual violence at some point in their lives, and 63% have been victims of intimate partner violence as adults.

In Connecticut

There are 18 domestic violence member agencies in the Connecticut Coalition Against Domestic Violence (CCADV). The following statistics only represent those victims who sought services at our member agencies and do not represent the total number of domestic violence victims in Connecticut:

- 38,789 victims (of whom 2,549 were children) received aid from one of the 18 member organizations.
- 32,225 victims were provided with counseling, safety planning, guidance related to the court process, and information and referrals.
- 2,950 victims and children were housed (a 6% increase), and the average time that a victim remained in shelter was 51.1 days.
- Thanks to CCADV's Rapid Re-Housing Program, 99% victims exited to a positive destination, 74% victims went on to pay their own rent, 14% victims received permanent subsidy, and 100% stated their children felt safer.¹⁰

References

- ¹ "Fast Facts: Preventing Intimate Partner Violence|Violence Prevention|Injury Center|CDC." Centers for Disease Control and Prevention, Centers for Disease Control and Prevention, 11 Oct. 2022, https://www.cdc.gov/violenceprevention/intimatepartnerviolence/fastfact.html.
- ² "Fast Facts: Preventing Intimate Partner ViolencelViolence PreventionlInjury CenterlCDC." Centers for Disease Control and Prevention, Centers for Disease Control and Prevention, 11 Oct. 2022, https://www.cdc.gov/violenceprevention/intimatepartnerviolence/fastfact.html.
- ³ Domestic violence and firearms. The Educational Fund to Stop Gun Violence. (2021, September 13). Retrieved March 14, 2023, from https://efsgv.org/learn/type-of-gun-violence/domestic-violence-and-firearms/
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- ⁵ National Coalition Against Domestic Violence. "Statistics." NCADV, National Coalition Against Domestic Violence, 2021, ncadv.org/statistics.
- ⁶ "Fast Facts: Preventing Intimate Partner Violence IViolence Preventionlinjury CenterlCDC." Centers for Disease Control and Prevention, Centers for Disease Control and Prevention, 11 Oct. 2022, https://www.cdc.gov/violenceprevention/intimatepartnerviolence/fastfact.html.
- ⁷ "Bisexual Women Have Increased Risk of Intimate Partner Violence, New CDC Data Shows." National LGBTQ Task Force, 4 Feb. 2013, www.thetaskforce.org/bisexual-women-have-increased-risk-of-intimate-partner-violence-new-cdc-data-shows/.
- ⁸ Pellek, Alexis. "Transgender Individuals and Intimate Partner Violence." PSYCOM PRO, 22 Feb. 2022, pro. psycom.net/assessment-diagnosis-adherence/transgender-individuals-and-intimate-partner-violence-as-a-form-of-domestic-violence. Accessed 14 Mar. 2023.
- ⁹ Statistics Contributing and Exacerbating Factors Needs and Policy Recommendations Domestic Violence, Housing, and Homelessness.
- ¹⁰ "This Year's DV Stats: Connecticut Coalition against Domestic Violence." Www.ctcadv.org, www.ctcadv.org/resources/stats

Women's Support Services Has a New Name!

We are pleased to reintroduce ourselves as:



Support • Advocate • Guide • Educate to end relationship violence

Our work remains the same: to Support, Advocate, Guide, and Educate to end relationship violence. Our commitment to ending relationship violence remains as vital as ever.

Why a new name?

The community leaders who founded Women's Emergency Services 40 years ago recognized the need to mobilize to end domestic violence. Their efforts created a pathway for victims to get help. As the agency evolved, services expanded to assist clients in moving beyond questions of immediate safety to building a new life. To reflect our clients' evolving needs, we changed our name to Women's Support Services. In 2011, educational programming was launched in area schools in recognition of the need to address the root causes of interpersonal violence. The recent expansion of programming into all Region One 6th-12th grade classes generated discussion with students who wanted to see a more inclusive name.

While we have always welcomed all who have reached out to us, our new name illustrates that domestic violence affects everyone and we serve people of all ages, identities, and backgrounds. We chose Project SAGE to honor the wisdom and experience of our clients and their capacity to make their own choices. It also reflects the collective wisdom of the SAGE staff and community partners as we work together to raise awareness and support clients as they create safer futures.

About Project SAGE

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Our Special Thanks

The Project SAGE Board of Directors would like to acknowledge the following individuals without whom Trade Secrets could not be the success that it is:

- Trade Secrets Founder and Honorary Event Chair Bunny Williams and John Rosselli
- Each Underwriter, whose generosity enables us to hold this amazing event
- Our Garden Tour hosts, for showcasing their beautiful grounds
- The Trade Secrets Planning Committee chairs, whose months of hard work made this weekend possible
- Each vendor, for bringing such great rare and beautiful items to sell, and for their dedication and support in making the event so successful
- The hundreds of Trade Secrets volunteers, who, along with the Project SAGE staff, lend their time and talent to ensure a successful event – from the initial planning meetings in August to the wrap up celebrations in June
- The Falls Village Fire Department and Stratford Eagle Squadron for ensuring the safety of our attendees
- The staff at Lime Rock Park, whose hard work makes Trade Secrets possible
- We are grateful to Bunny Williams and John Rosselli for their generous support of our Trade Secrets Vendor dinner
- Special thanks to Mrs. Douglas Thomas for generously opening her home for this year's Underwriting Cocktail Reception
- And the many, many local businesses and donors that partner with us to build a healthier and safer community for everyone

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"There are a few events that go on my calendar each year that I consider sacrosanct: my family's birthdays, my summer vacation in Maine, my Christmas party, my Easter egg hunt and Trade Secrets."

-Martha Stewart

Thank You

To Project SAGE for their service to our community.

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CELEBRATING OVER 40 YEARS OF PROJECT SAGE



1979

Women's Emergency Services (WES) is created by a small group of women in northwest Connecticut. "We knew that violence was going on, and we decided we had to reach out to those women who felt so alone."

1981

- The First meeting to establish a not-for-profit agency to meet the needs of domestic violence victims is held.
- Women's Emergency Services is officially incorporated.
- · Meetings are held in a space donated by Sharon Hospital.
- The mission statement reads: "WES is committed to the belief that no person has the right to abuse another. WES has been established in support of the rights of human beings to live free of violence and to make choices in their lives."

1983

- The first program coordinator, Sue Kirber, is hired.
- The first newsletter is created and mailed to members of the community.
- 85 crisis calls are received; 15 women and 30 children are sheltered.
- A fundraising committee is formed. The annual budget is \$15,380.

1985

- Letters are sent to town governments to request funding.
- WES contracts with the State of Connecticut to serve the towns of Kent, Cornwall, Salisbury, North Canaan, Falls Village, and Sharon (as well as residents of nearby New York and Massachusetts who do not have access to other services).
- WES is a founding member of the Connecticut Coalition Against Domestic Violence (CCADV). This state coalition ensures that all towns in Connecticut are covered by a member agency.

1986

Governor O'Neill signs into law a bill making family violence a specific crime under state law and allowing police to make arrests without warrants in domestic violence cases.

(cont'd)







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CELEBRATING OVER 40 YEARS OF PROJECT SAGE (CONT'D)



1989

Audrey Levine becomes Executive Director, operating out of a closet in Sharon Hospital.

1992

WES relocates to a space in the Falls Village train station until 2002.

1993

- A full-time Program Director, two part-time community educators, and one part-time counselor/advocate are hired.
- Hotline calls average 40 per month and 30 clients are sheltered.
 The budget is \$74,000.
- LaBonne's Market launches a cash register receipts program with 1% of all receipts donated.

1994

Local business owners endorse the Safe Haven Program by displaying stickers on their front doors indicating that victims are safe to enter and use their phone.

1995

- The October Vigil is held to commemorate all those who died of domestic violence during the previous year in Connecticut.
- WES sponsors training for volunteers to become CT state certified domestic violence crisis counselors.

1996

The free community education program - PEACE - Promoting an End to Abuse through Community Education - is offered.

1997

- "Founding Mothers" Donna Hoskins, Sue Kirber, Joy Martorell, are honored.
- · Judy Sheridan is hired as Executive Director.
- 37 volunteers provide hotline coverage, as well as shelter, transportation, court advocacy and other services to clients.

(cont'd)





CELEBRATING OVER 40 YEARS OF PROJECT SAGE (CONT'D)



1998

The "Calling All Cars" program is created in partnership with Berkshire Taconic Community Foundation to provide reliable donated vehicles to clients.

1999

Women's Emergency Services changes its name to Women's Support Services (WSS) to convey the breadth of services provided the agency.

2000

The annual WSS Giant Tag Sale is held at the Methodist Church in Lakeville.

2001

Trade Secrets is founded by Bunny Williams and Board member Naomi Blumenthal and guided by horticulturist Deborah Munson. Proceeds fund the purchase of a new home for the Agency, the development of new programs and grants to clients for critical needs.

2002

- A building in Sharon is purchased with the help of State bonding funds. The space provides for client confidentiality and staff offices.
- · Client numbers increase significantly.
- A federal grant funds a part-time Family Violence Victim Advocate at Bantam Court, giving clients a voice in court and a contact as their case progresses.

2003

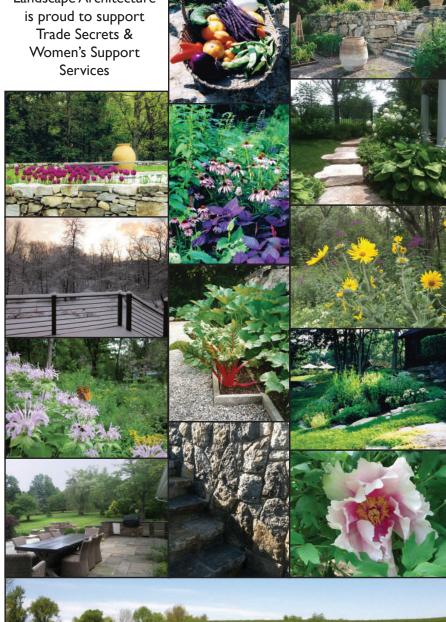
- Trade Secrets is held at the Wake Robin Inn and features talks by gardening experts Bunny Williams and Carolyne Roehm.
- The Thrift Boutique is created with donations of women's and children's clothing.
- WSS provides immediate, short-term sheltering, as well as referrals to long-term sheltering.

2004

- A weekly support group for women who have experienced violence, abuse or are in transition is established.
- A client fund is created to help with rent, legal fees, car repairs and emergencies.

(cont'd) 19

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CELEBRATING OVER 40 YEARS OF PROJECT SAGE (CONT'D)



2005

The Calling All Cars program comes fully under the auspices of WSS - 26 cars donated and given to clients in need.

2006

WSS celebrates 25 years of service to clients!

2007

- WSS holds its annual Candlelight Vigil at the Sharon Town Hall to honor the memory of the more than 1,500 women killed by an intimate partner in the U.S.
- Director Judy Sheridan designs a purple pin that reads "Add Your Voice" as part of the national movement to raise awareness of domestic violence. Pins are given to everyone attending Trade Secrets which is held for the first time at LionRock Farm, thanks to the generosity of Elaine LaRoche.

2008

- Lori Rivenburgh is hired as Director upon the retirement of Judy Sheridan.
- Services are provided to 681 women and children.

2009

- Governor Rell announces a proposal of \$2 million in federal stimulus funding for the prevention of domestic violence.
- Clients and their children receive hair styling from Tara Breyette of Hair Modern.

2010

- Trade Secrets celebrates its 10th Anniversary!
- Used cell phones are distributed through the Shelter Alliance Program to clients in need.
- The Anchor in a Storm support group is formed for family and friends of domestic violence victims to understand why people stay with their abusers and what they can do to help.





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CELEBRATING OVER 40 YEARS OF PROJECT SAGE (CONT'D)



2011

- The Peers Educating Peers programs begins, and services are extended to every school in Region One.
- WSS develops new partnerships with the Sand Road the Little Guild of St. Francis to shelter pets while victims are in transit.
- The capacity to shelter clients in need doubles.

2014

WSS partners with Connecticut State Police Troop B in North Canaan and Troop L in Litchfield on the Lethality Assessment Program.

2015

The Connecticut Coalition Against Domestic Violence (CCADV) launches the first statewide male speakers' bureau on domestic violence.

2016

- Betsey Mauro is named as Executive Director.
- WSS responds to 515 hotline calls, provides shelter for 3 adults and 5 children, and reaches hundreds of children across the region through its program in local schools, daycare centers and camps.

2017

- Certified volunteers complete 20 hours of training.
- WSS serves 877 clients, responds to 450 hotline calls and shelters
 11 people.

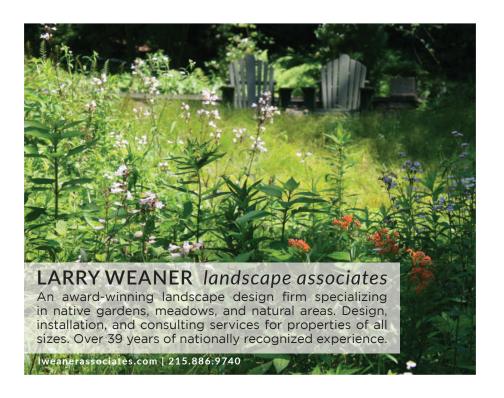
2018

- Education programs are expanded to help children understand the difference between healthy and unhealthy relationships.
- WSS serves 684 clients, responds to 763 hotline calls, supports 287 clients at court and provides over 200 prevention education workshops.

2019

- The first male employee, Robert Kuhn, is hired to develop local partnerships.
- WSS responds to 941 hotline calls, supports 472 clients at court, shelters 35 individuals and delivers 230 prevention education workshops.

(cont'd) 23





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CELEBRATING OVER 40 YEARS OF PROJECT SAGE (CONT'D)



2020

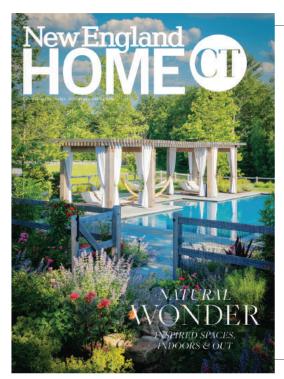
- Trade Secrets plans its 20th Anniversary, but it is canceled due to COVID-19.
- WSS launches its first Boys and Men program at Salisbury School.
- WSS and the Foundation for Community Health collaborate on a report addressing gender-based violence.
- From July 2019 through July 2020, WSS responds to 901 hotline calls, provides emergency shelter to 32 people for 634 nights and provides criminal and civil court advocacy to 466 victims of domestic violence.

2021

- Trade Secrets is canceled for the second year in a row due to COVID-19 with plans to return in-person in 2022 at Lime Rock Park.
- WSS purchases a building on Porter Street in Lakeville, providing increased space for offices and client services.
- WSS receives support from the Foundation for Community Health to promote diversity within the Agency and the Board.
- From July 2020 through June 2021, WSS responds to 1,234 hotline calls, provides emergency shelter for 32 people including 16 children - for 2,841 nights and provides criminal and civil court advocacy to 544 victims of family violence.

2022

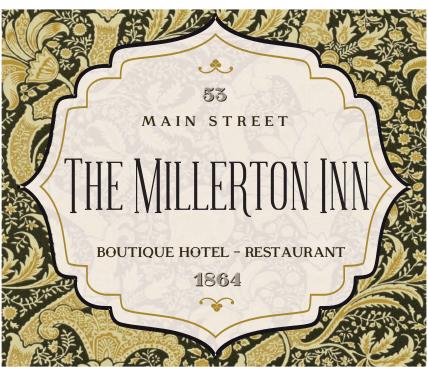
- WSS moves from its long-time home in Sharon, CT to the new building at 13A Porter Street in Lakeville, CT - the move provides increased space for offices and client services.
- Trade Secrets returns after a two-year hiatus at Lime Rock Park!
- Women's Support Services officially changes its name to Project SAGE (Support - Advocate - Guide - Educate), illustrating how domestic violence affects everyone, regardless of age, identity, or background.

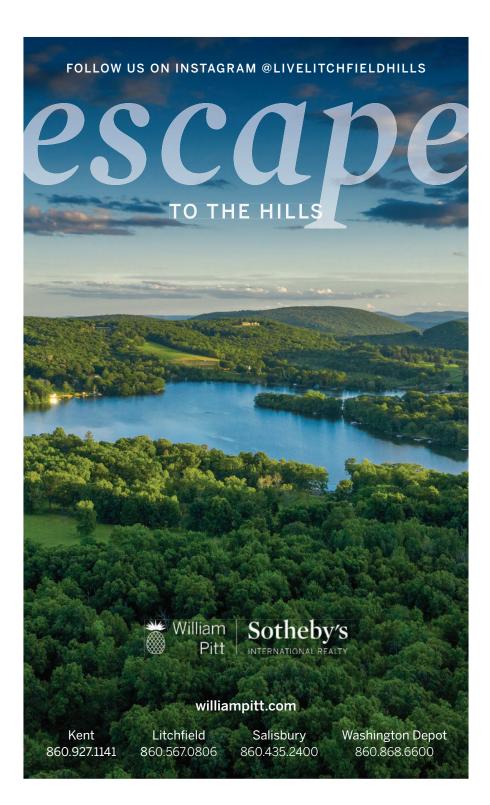


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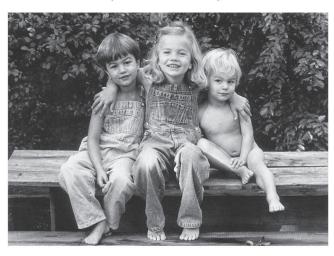
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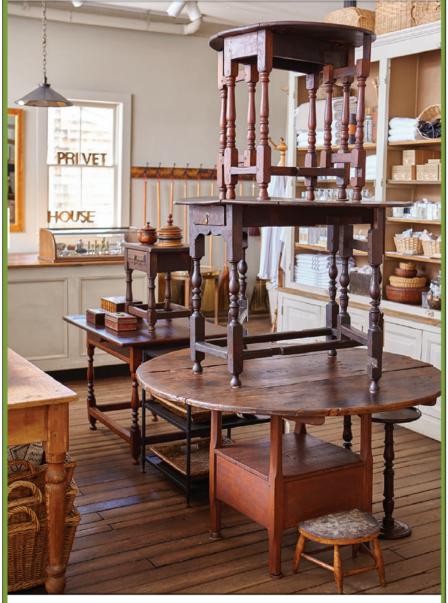
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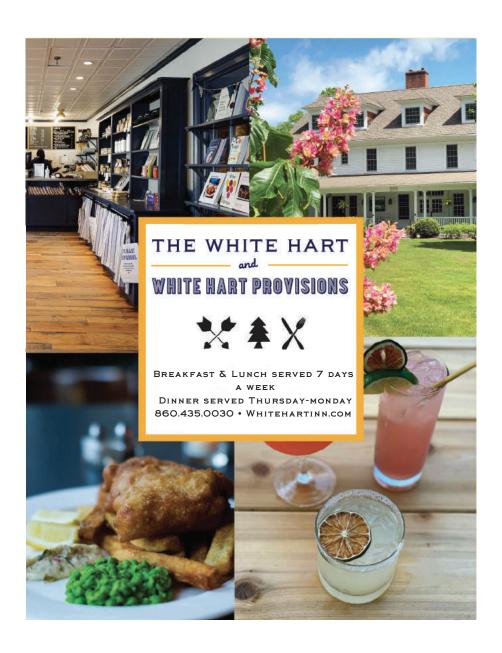




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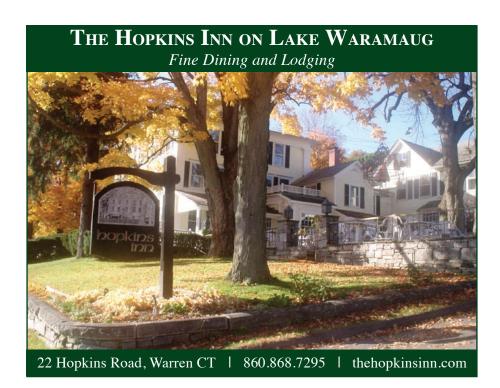






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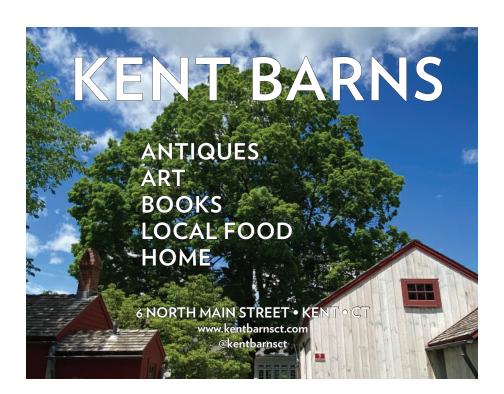
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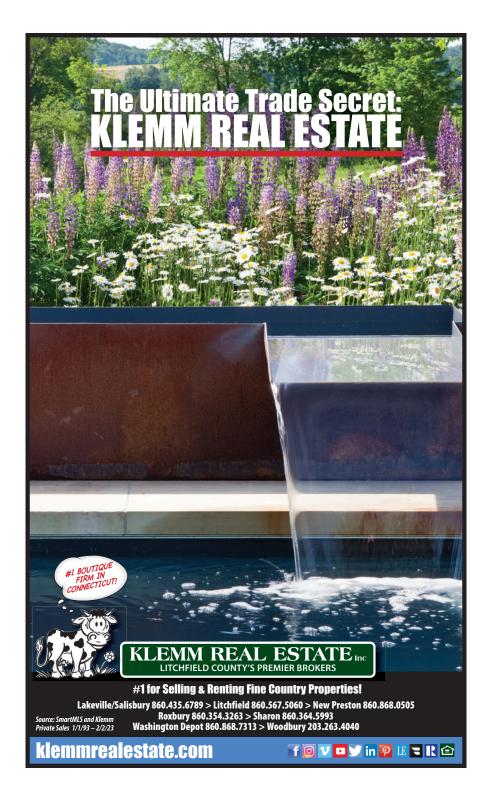


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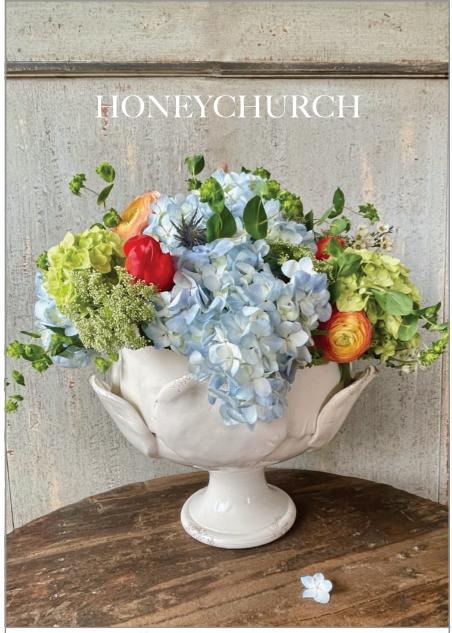


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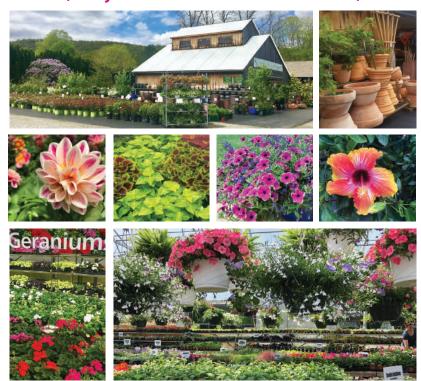


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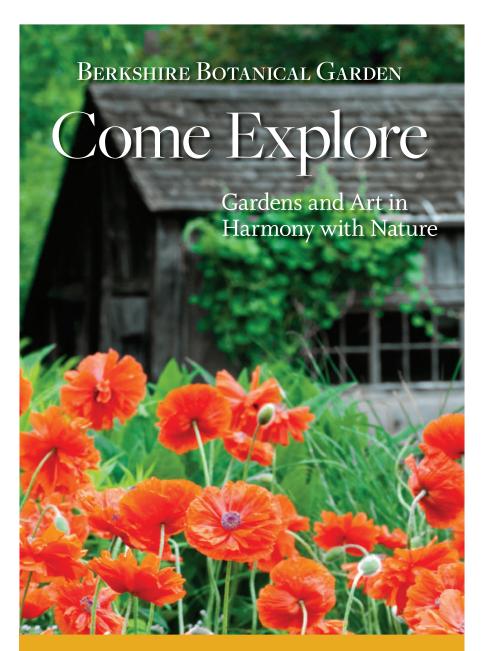
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Garden of Bunny Williams and John Rosselli

The property of Bunny Williams and John Rosselli (photos opposite page) encompasses twelve acres of varied gardens, including woodland, vegetable, parterre, orchard, perennial borders and many container displays that surround the 1840's Federal home.

A mowed path through the orchard and meadow leads to the pool house, a Greek Revival folly made with rustic, locally harvested oak columns. Uphill from the pool is Bunny's Studio: an inspiring contemporary place with an impressive view of the Berkshire Hills. From the Studio, paths weave their way through the Woodland Garden, past carpets of ferns, wildflowers, woodland peonies, and an understory of dogwoods and redbuds. The Woodland Garden opens up into Elizabeth's Circle, a contemplative and calming space where large boxwood balls tumble down the hill from the woods edge. Stone steps lead down to the Parterre, located behind the Conservatory and guest barn. Brick walkways, covered in moss, are surrounded by patterned boxwood hedges that edge seasonally planted beds, allowing for a different color scheme each year. Beyond the Conservatory, which showcases tropicals, a pergola leads visitors around the main house to a series of Belgian-style swooped yew hedges that frame a mass planting of hydrangeas. Just past the hedges is a sunken garden, filled with bold mixed borders and box-edged beds, brimming with perennials, annuals, and bulbs, including a granite edged koi pond. In the middle of the property is also a vegetable & cutting garden; a great variety of organic vegetables and herbs are grown along with tulips, peonies and dahlias from spring through fall in symmetrically designed square beds, edged with antique terracotta tile. Unused produce makes its way to the chickens, which are housed in an extraordinary octagonal coop.

Visitors will most likely have the pleasure of meeting Bunny and John, as they enjoy sharing their garden with their guests.



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Michael Trapp's West Cornwall Garden

Venture through the shuttered gate that sequesters Michael Trapp's garden and step into the fractured fairytale that this renowned designer/antique dealer has forged. Slender paths lead through a cobbled labyrinth of idiosyncratic spaces staged with wonderful Corinthian capitals, huge slabs of stone set as dining tables, Roman fountains, and towering topiary spires that have been sculpted personally by Michael over decades. Stairs are swathed in wisteria, deft espaliered apples run their limbs along Gothic ruins, thoroughly lovable lions slumber. There is a craggy grotto beside a sparkling lap pool and a "cabinet of curiosities" filled with fading books and strange natural artifacts to be discovered. All the while, the scenic Housatonic River runs languidly below the balustrade, combining with the panoply of spring bulbs planted in the terraced beds to add a little levity to the ambiance. Michael Trapp's pocket-sized garden fills minimal space with the full gamut of experiences. Deliciously odd, it reflects the insights of an extremely talented artist with a poignantly noir imagination.





Trade Secrets Garden Tours ~ Saturday, May 20, 2023

Clove Brook Farm

The garden at Clove Brook Farm was begun in 2014 following a full restoration of the circa 1830s Greek Revival farmhouse on the property. The garden has quickly grown into a series of interconnected spaces, beginning with a horseshoe-shaped garden near the house that is surrounded by a clipped hornbeam hedge and anchored by a dovecote. It's this garden where a spectacular show of tulips and sweet peas emerges in spring, followed by towering dahlias in late summer. A few years ago another large garden "room" was added which centers on an oval swimming pool and neoclassical style pool house. This garden is also bounded by a hornbeam hedge and includes perimeter beds filled with various herbaceous perennials which evolve throughout the growing season, starting with poppies in early spring, then peonies, roses, lilies, and finally dahlias. A large kitchen garden has also been added, designed in a formal style, and planted with a large variety of vegetables during the growing season. The garden continues to evolve as embellishments to the formal garden spaces are added, and informal and naturalistic plantings are installed at the edge of the property. The evolution of the garden has been documented in A Year at Clove Brook Farm (Rizzoli, 2021), with foreword by Martha Stewart.





The Garden of Bunny Williams, part of Open Days every year since 1995

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Hollister House

Beautifully situated on a sloping, terraced site, Hollister House Garden is an old-fashioned garden in the manner of such famous

English gardens as Sissinghurst, Great Dixter and Hidcote, formal in its structure but informal and rather wild in its style of planting. Begun in 1979 by George Schoellkopf, the garden has evolved into a uniquely American synthesis of formal structure and naturalistic planting. The garden



unfolds in successive layers of space and color with delightful informal vistas from one section to the next. Walls and hedges define the "rooms" and create an architectural framework for the romantic abundance of the plantings.



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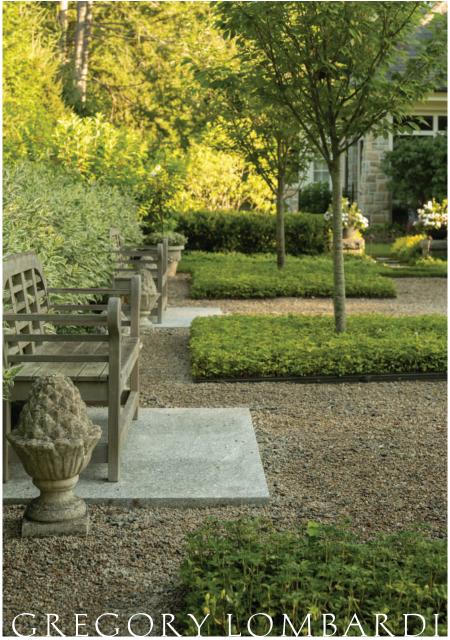
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